

# Inward Journey Newsletter

## Daily Practice Tip Salem on Perfection



The word perfect is interesting because everything is perfect as it is. There are no imperfections you see. There are no judgments of better or worse, good, bad, evil. Perfect means that whatever is, is God expressing in totality and therefore is complete and perfect. Now the question is, if you would have moved from your fears and into your Love could things have been experienced in a different way? The answer is yes. Does that have anything to do with what is? No. So what do you do?

*Take everyday for the day that it is.  
Look for the opportunities in the day.  
Look for the beauty in each day and give thanks for that day.  
Bless the day and ask that your Soul connect with the love and the Spirit of God in you and express that fully in the day.  
And no matter what you do, if you spend the day scrubbing floors, you will have changed the world!*

### Article Spotlight

#### The Divine Plan

In our article spotlight, we are featuring an article on “The Redistribution of Wealth”. Because of the recent turmoil in the financial markets, we thought our readers would be interested in some of what Salem has said about the redistribution of wealth on the planet. Also included is Salem's thoughts on why the “Old Ways No Longer Work”.

To read more... visit us on the web at:  
[www.InwardJourney.com](http://www.InwardJourney.com)

### Salem's Monthly Audio Message:

#### A New Birth

Salem describes how the co-creation of consciousness is giving birth to a new existence where you feel the oneness of life; where you do not feel threatened by what another does; and you find what you want in your life available for you because you no longer resist your creations.

Listen to a free excerpt at  
[www.InwardJourney.com](http://www.InwardJourney.com)

**New Subscribers receive  
the first month free!**

### Thoughts

“Everyone does the best they can for the pain they are in.”

#### Salem

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## Tool Highlight

### Principles: Detachment

In order to be free, the principal of Detachment is mandatory. As long as you have an attachment to anything, you will be subservient to the attachment. In a subservient position, you are not in control or coming from the seat of power in your life.

How to Detach:

- Realize that you are the creator.
- Set your *intent* and forget about the outcome.
- Trust that your creative ability will bring about the very best experience you could possibly have.
- Do not think that you must know how your desires are to come about—that is a requirement of the analytical mind not the Divine mind.
- So have your desires; set your intents; then let go. Last but not least, it is necessary that you remove your judgments.

To learn more visit our "[Tools](#)" section.

## Ring The Bells For Peace

Sign up to [Ring the Bells of Peace](#) with Melissa Etheridge, Salman Ahmad, and Deepak Chopra on December 21, 2008.

## We Like Hearing From You

Use the [contact form](#) and express your thoughts and comments about the website, articles, or other content.

## Mission

Inward Journey - Gateway to Expansion was founded in 1993 to empower people through spiritual self-awareness. This web site is dedicated to assisting you on your journey of personal self-discovery by providing you with tools and resources to help you discover your inner source of power that contains the solutions for life.

[Visit us today](#) and come back often as we add to, hone, and expand the various areas of our site.

## Anchoring Love

**We invite you to spend some time each day holding our world and humanity in Love, for Love is always the answer.**

With Light and Love,  
Inward Journey

**Signup** to receive our newsletter by email. We will never spam, sell, or give your address away. See our [privacy policy](#).

## Free Salem Audio Message

2008 & Beyond: Preparing  
for 2012

### See if Salem's message resonates with you!

If you are not familiar with Salem's **enlightening** and **inspiring** message, you can download the **free** Salem message "2008 & Beyond: Preparing for 2012" and see if Salem's message is for you.

If you find the articles and other content on the Inward Journey website of value, then we think this 52 minute message is for you. Just go to [InwardJourney.com](#) and look for "Is Salem's message for you?"

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## Diandra's Consultations

- **Gain Insights Into Your Relationships, Career and Future**
- **Find Answers To Your Questions**

**For an Appointment Call:  
Toll Free 1-888-980-5780  
1-312-228-9909 (Chicago, IL)**

Diandra is a spiritual intuitive who has helped people around the world gain clarity, direction and purpose in their lives.

Clients consistently comment on the accuracy, professionalism and empowering nature of Diandra's consultations!